



# Prevention Provider Quarterly Meeting

December 17, 2020



Los Angeles Department of Public Health  
Substance Abuse Prevention and Control



## Armando Gonzalez

Division Chief - Southern Division

He began his career as an Investigator Trainee in the Van Nuys District Office during which time, he has promoted to the ranks of Investigator, Supervising Investigator, and Supervising Agent in Charge, within four district offices from Bakersfield to Palm Desert.

Prior to his promotion to Division Chief, Gonzalez served as Deputy Division Chief for over two years. Gonzalez was assigned to oversee the Riverside District Office which oversees the largest county in the United States, San Bernardino County. In addition, he was tasked with overseeing the Department's largest enforcement efforts at the Coachella and Stagecoach Music Festivals in Riverside County. His leadership was instrumental in reducing youth access to alcohol and keeping the annual festivals safe for the thousands of attendees.

He has been a Field Training Officer and Department Defensive Tactics Instructor for the past 15 years. He appreciates the opportunity to mentor and improve the skill sets of employees throughout the Department.

In 2005, Deputy Division Chief Gonzalez was recognized by the National Liquor Law Enforcement Association as Liquor Law Enforcement Co-Agent of the Year.



Pacific Clinics

ADVANCING BEHAVIORAL HEALTHCARE®

# What We Have Been Doing & Will Continue Doing

- 10-Week Prevention Education Course
  - Individually phone sessions
  - Too Good for Drugs curriculum
- Classroom presentations
  - Negative health impact of alcohol, marijuana and vape
  - Social emotional skills
    - Ex: goal setting and decision making
- CPS contract
  - 11<sup>th</sup> annual SGV Youth Summit
  - 18<sup>th</sup> annual SGV Got Skills? Talent Show
- Coalition Groups
  - Partnership for a Positive Pomona (P3)
  - SPA 3- RAD
  - RAM



# Challenges & Struggles

- Lack of referrals from schools
  - Stanley G. Oswalt Academy
  - Telesis Academy of Science and Math
  - Ybarra Academy of Arts and Technology
  - Alvarado Intermediate School
  - Giano Intermediate School
  - Nogales High School
  - Rowland High School
- Reaching the students
  - Santana High School
  - ALP





SUBSTANCE USE PREVENTION AND TREATMENT PROGRAM



# INTERNATIONAL OVERDOSE AWARENESS DAY

AUGUST 31, 2020  
1:30PM-2:00PM

Join us in honoring those who have been lost to drug overdose



REGISTER AT

<http://bit.ly/CHLOverdoseAwareness20>



Funding made possible through Los Angeles County Department of Public Health Substance Abuse Prevention and Control



## Rx Med Safe Disposal Workshop

Learn about the importance of disposing unused or expired prescription medication and how to dispose of it safely.



Friday  
October 23, 2020  
8:30-9:00AM

Register on Zoom to join the raffle!

[bit.ly/CHLARxSafety20](http://bit.ly/CHLARxSafety20)

Funding made possible through Los Angeles County Department of Public Health Substance Abuse Prevention and Control



INVITAMOS A LAS FAMILIAS DE LE CONTE M.S. A

## ENCAMINÁNDOLOS HACIA BUENAS DECISIONES

TALLER EMPIEZA JUEVES 11/5  
4:00 - 5:30 PM



SERIE DE 5 SEMANAS

- 11/5: PREVENIR EL CONSUMO DE DROGAS EN SU FAMILIA
- 11/12: DESARROLLAR CREENCIAS SANAS Y ESTÁNDARES CLAROS
- 11/19: DECIR NO A LAS DROGAS
- 12/3: CONTROLAR Y EXPRESAR CONSTRUCTIVAMENTE SU IRA
- 12/10: REFORZAR LOS LAZOS FAMILIARES Y CULMINACIÓN

REGISTRACION EN ZOOM  
<http://bit.ly/GGC-LeConte>

FUNDING MADE POSSIBLE BY THE COUNTY OF LOS ANGELES, DEPARTMENT OF PUBLIC HEALTH, SUBSTANCE ABUSE PREVENTION AND CONTROL





SUBSTANCE USE  
PREVENTION AND  
TREATMENT PROGRAM

## HELP EMPOWER ADOLESCENTS TO LEAD AND THRIVE

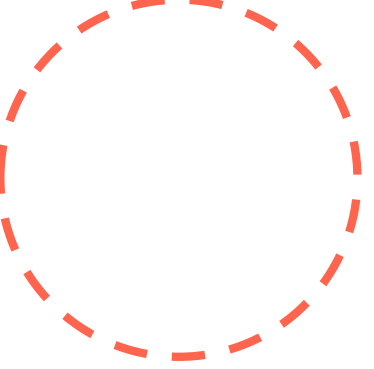
Our mission is to encourage youth to advocate for a safe environment on campus and strengthen knowledge about alcohol, marijuana, and other drug-related harms.

Facilitated by Andrea Velasquez

For more information contact Andrea at

**[andvelasquez@chla.usc.edu](mailto:andvelasquez@chla.usc.edu)**



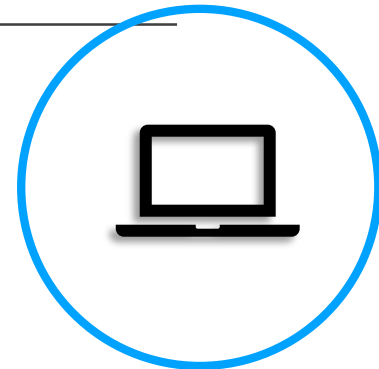


# SPIRITT Family Services

## Adolescent Prevention Services

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Adjustments During Safe At Home Orders







# APS TEAM

## ❖ Program Director:

❖ Norma Yoguez

## ❖ Program Coordinators:

❖ Eduardo Estrada and Kirsten Brandenburg

## ❖ Facilitator:

❖ Annette Reynolds





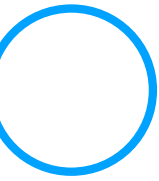
# COMMUNITY OUTREACH AND COALITIONS

- Attending community outreach meetings to virtually inform the community about our prevention services
  - El Monte/ S. El Monte Community Alliance
  - SGV/ El Monte Health Neighborhood
  - Victim's of Crime Roundtable
  - Health Consortium of Greater SGV



- Attending coalition meetings for virtual collaboration

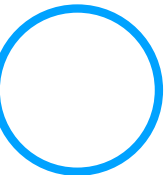
- Los Angeles County Rethinking Access to Marijuana (RAM) Workgroup Meeting
- SPA 3 Reducing Alcohol and Other Drugs (RAD) Coalition Meeting





## STUDENT ATTENDANCE REVIEW BOARD (SARB) MEETINGS

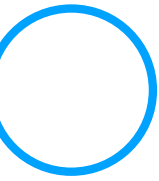
- Attending the La Puente Hacienda Unified School District SARB Meetings to virtually provide student screening and referrals to prevention services
  - Meetings have been successful on a virtual platform and may continue to be held this way
- The West Covina/ Azusa/ Covina Valley/ Charter Oak Unified School District SARB Meetings are TBD






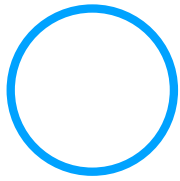
## PROGRAM DEVELOPMENT AND CAPACITY BUILDING

- Program development for our WINDOWS/ VENTANAS Family Communication Program
  - Revising our curriculum to include increased prevention activities
  - Extended from 8 weeks to 10 weeks due to virtual format
- Staff and community partners will be trained on revised WINDOWS/ VENTANAS Family Communication Curriculum





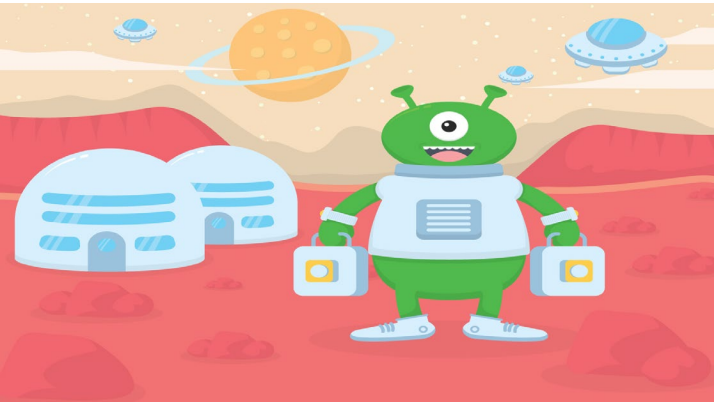
## WINDOWS/ VENTANAS FAMILY COMMUNICATION PROGRAM

- Transitioned our direct service program to zoom platform and in Spanish for SPA 3 under APS for the first time
  - We have held two successful sessions since March 2020
  - Plan to hold in English starting January 2021
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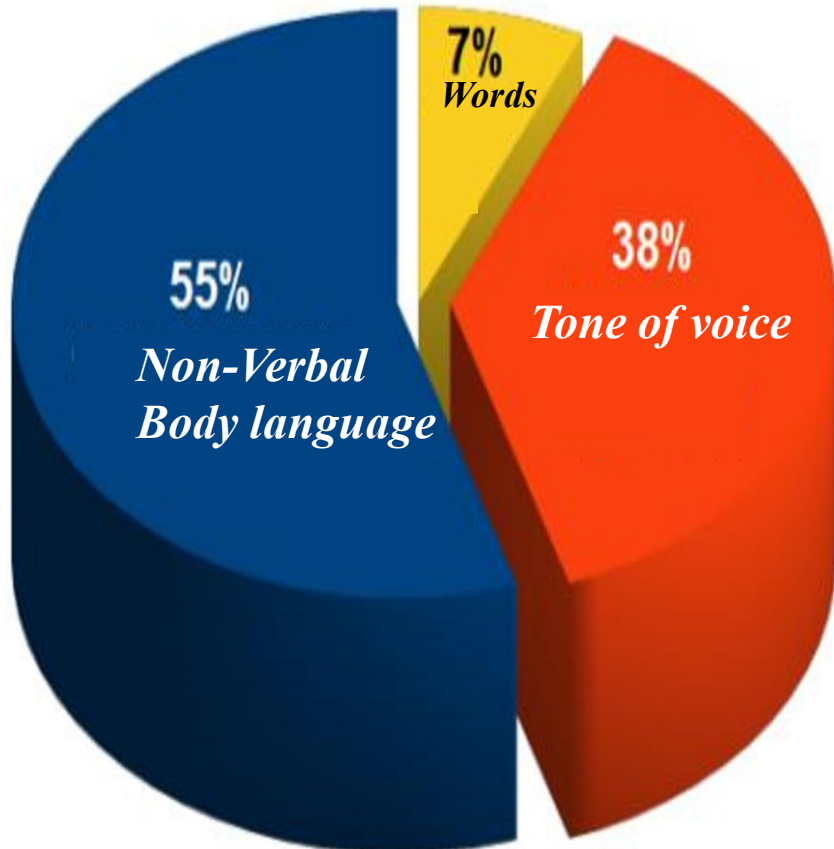
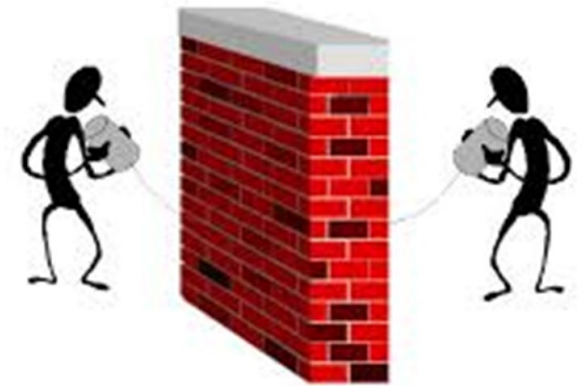


The pandemic challenged us to update the curriculum urgently to continue offering services to the community, but it became more urgent because of the stress that families were already experiencing.



Trying to implement the online curriculum we realized that if something that we teach is that **non-verbal communication involves 55%** of all communication, in the online classes this would be very difficult since the participants would be able to see us only through a little box on the screen.

## BARRIERS TO COMMUNICATION



Non Verbal / Body Language

- What is good family communication if parents do not know how to prevent the use of alcohol and drugs.
- We know that learning to solve problems in the family and good communication itself prevents drugs abuse, but to achieve a stronger prevention foundation we have added *8 prevention exercises*.

**1** Finding the Risk Factors for Alcohol and Other Drug Use

**2** **Protective And Risk Factors**

**3** **Non-verbal Influences Of Alcohol And Drug Use**

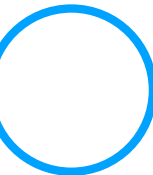
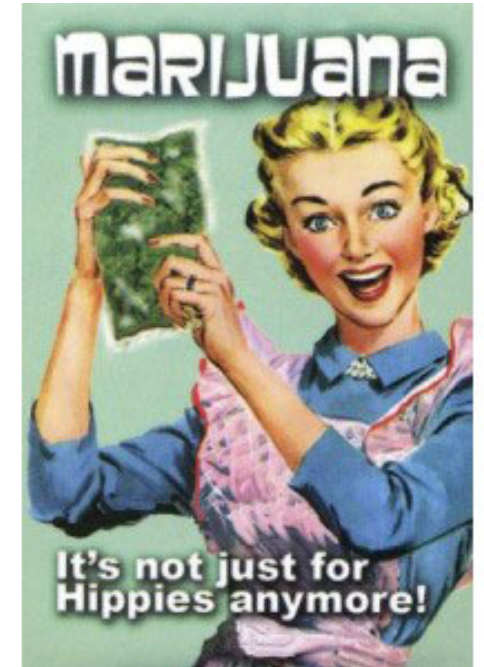
**4** Speaking Out About Drugs

**5** MYTHS OR REALITIES About Alcohol

**6** **Stages of Drug Use Dependency**

**7** **How Social Influence Works**

**8** **Learning To Say "No" Exercise**





# SPIRITT Family Services

*The Heart of Our Community*



## WINDOWS FAMILY COMMUNICATION PROGRAM

Builds parents' and youths' communication through skill-building activities in a safe and friendly setting.

All family members are welcome!

Parents/Caregivers and their children (age 9-17)

**PROGRAM IS AVAILABLE IN ENGLISH AND IN SPANISH**

Location:  
Virtually through Zoom |  
By computer or cell phone

For more information call:  
Eduardo Estrada  
626.404.6750

Funded by Substance Abuse Prevention and Control  
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