

# My Health LA

## Frequently Asked Questions about the Expansion of the Substance Use Disorder Treatment Services to My Health LA Participants

Even after the implementation of various provisions under the Affordable Care Act, there are some Los Angeles County (LAC) residents who remain uninsured. My Health LA (MHLA) is a health care program provided by the Los Angeles County Department of Health Services (DHS) that provides medical services to low-income uninsured residents. Substance Use Disorder (SUD) treatment services are now available to MHLA participants through a referral process. This sheet will answer questions that regarding MHLA eligibility, MHLA-eligible services, provider reimbursement, and offer additional information on the MHLA program, including where to access additional MHLA resources.

### 1. How is MHLA eligibility determined?

MHLA participants must meet the following criteria:

- Uninsured and lack access to a full-scope health program
- Must not be eligible for publicly-supported health insurance (like Medi-Cal or Covered CA)
- A Los Angeles County resident
- Be at least 19 years old
- Household income at/below 138% of the Federal Poverty Level

### 2. What SUD treatment services are available of MHLA participants?

SUD treatment is available through referral to an existing SUD provider that has a current contract with the Department of Public Health, Substance Abuse Prevention and Control program (SAPC). In some cases, participants may to be placed on a wait list according to their SUD provider’s policy regarding availability.

Benefits available to My Health LA Participants
Early Intervention in Primary Care settings (Screening, Brief Intervention, and Referral)
Outpatient (maximum of 9 hours/week for adults, 6 hours/week for youth)
Intensive Outpatient (9-19 hours/week for adults, 6-19 hours/week for youth)
Residential Treatment
Ambulatory Withdrawal Management
Residential Withdrawal Management
Medication Assisted Treatment (Vivitrol only)
Case Management for SUD Treatment and Care Coordination with other Health, Mental Health, and Social Services

### 3. How much will SUD services cost participants?

All services provided to My Health LA participants are completely free of cost. This means that no admission or wait fee may be charged. If a person is eligible but not enrolled at the time of service delivery, providers should make every effort to refer them to a MHLA Community Partner Clinic for enrollment.

#### 4. Will SAPC providers be reimbursed for the services they provide to MHLA participants? How?

Only SAPC contracted providers with a General Program Services (GPS) Statement of Work (SOW) will be reimbursed for providing MHLA-eligible services. In order for a service to be reimbursed, it must correspond to the modalities on their GPS SOW.

- There will not be an increase in GPS funding and caps will not be lifted.
- Reimbursement will be limited to the contract amount.
- The time frame for processing reimbursement will fall within the current GPS reimbursement time frame.
- Agencies may request a contract augmentation based on spending levels.
- It is critical that MHLA participants are identified in LACPRS and EBS so that funding can be pulled from alternate sources (e.g., Realignment funds), if necessary. Contact MHLA Member Services at (1) 844-744-6452 if you have questions about a patient’s enrollment status in MHLA.

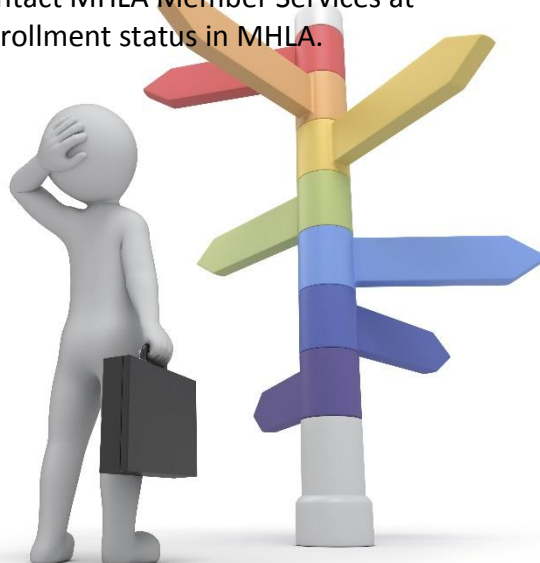
#### 5. Additional Provider Concerns Addressed Here.

On June 15, 2016, SAPC and My Health LA hosted a webinar on My Health LA and Substance Abuse Disorder Services.

Questions were asked from webinar participants. Those questions are answered below.

To access the presentation, you can visit the SAPC website (<http://publichealth.lacounty.gov/sapc>) and click on “Media/Recorded Trainings.”

If you have additional questions regarding MHLA and SUD services, please e-mail us at: [SAPCMyHealthLAInfo@ph.lacounty.gov](mailto:SAPCMyHealthLAInfo@ph.lacounty.gov)



Question
<ul style="list-style-type: none"> <li>• Is there any limit on length of stay?</li> </ul>
<ul style="list-style-type: none"> <li>• If my program has a waiting list, do I prioritize an MHLA beneficiary? Is there an expectation they will not be placed on a waiting list?</li> </ul>
<ul style="list-style-type: none"> <li>• For residential treatment, are we allowed to take food stamps if My Health LA beneficiary is getting food stamps?</li> </ul>
<ul style="list-style-type: none"> <li>• Will MHLA costs be reported on the GPS cost report or on a separate cost report?</li> </ul>
<ul style="list-style-type: none"> <li>• Is there or will there be a medical necessity component for admission to services for MHLA participants?</li> </ul>

Answer
<ul style="list-style-type: none"> <li>• The same lengths of stay outlined in your GPS Statement of Work will apply to MHLA patients.</li> </ul>
<ul style="list-style-type: none"> <li>• There are no priority requirements for MHLA patients. Each agency should follow their policy relevant to placement of those on their wait list, as applicable. However, no fees may be charged to be placed on the wait list.</li> </ul>
<ul style="list-style-type: none"> <li>• In almost all cases, those who are eligible for My Health LA will NOT be eligible for food stamps.</li> </ul>
<ul style="list-style-type: none"> <li>• MHLA costs will be posted under the GPS cost report.</li> </ul>
<ul style="list-style-type: none"> <li>• Currently, medical necessity is not required for admission to services for MHLA patients. However, medical necessity will be a requirement for all people served within SAPC’s delivery after July 1, 2017.</li> </ul>

Question	Answer
<ul style="list-style-type: none"> <li>• Currently, I do not have a contract with SAPC. What do I need to do to start that process?</li> <li>• Currently, I do not have a contract with MHLA. Can I become a MHLA contracted provider?</li> </ul>	<ul style="list-style-type: none"> <li>• If you do not have a GPS contract, please refer to <a href="http://publichealth.lacounty.gov/sapc/provider.htm">http://publichealth.lacounty.gov/sapc/provider.htm</a> and click on “Interested in Becoming a SAPC Provider.”</li> <li>• You do not need a contract with MHLA or DHS to provide SUD services to MHLA participants. DHS does not currently have a solicitation open for new MHLA contractors, however updates can be found on their website: <a href="https://dhs.lacounty.gov/wps/portal/dhs/mhla">https://dhs.lacounty.gov/wps/portal/dhs/mhla</a> (under “Partnering with DHS”)</li> </ul>
<ul style="list-style-type: none"> <li>• I do have a GPS SOW but want to add a site. How do I do that?</li> </ul>	<ul style="list-style-type: none"> <li>• If you are a current SAPC contractor with a GPS SOW and want to add a modality, please send your request to Daniel Deniz at <a href="mailto:ddeniz@ph.lacounty.gov">ddeniz@ph.lacounty.gov</a> .</li> </ul>
<ul style="list-style-type: none"> <li>• Where can I find additional information about My Health LA?</li> </ul>	<ul style="list-style-type: none"> <li>• Please check the My Health LA website (<a href="http://dhs.lacounty.gov/MHLA">http://dhs.lacounty.gov/MHLA</a>) to find the following resources. (fact sheets and other materials can be found under the “For My Health LA Participants” tab):                         <ul style="list-style-type: none"> <li>○ "What is the My Health LA Program?" fact sheet (available in English, Spanish, Armenian, Chinese, Korean, Tagalog, Thai, and Vietnamese)</li> <li>○ "How do I enroll in My Health LA?" fact sheet (available in English, Spanish, Armenian, Chinese, Korean, Tagalog, Thai, and Vietnamese)</li> <li>○ MHLA Income Guidelines (available in English, Spanish, Armenian, Chinese, Korean, Tagalog, Thai, and Vietnamese)</li> <li>○ "Next Steps" fact sheet (Currently only available in English and Spanish)</li> <li>○ How to Partner with DHS</li> <li>○ Clinic locator</li> </ul> </li> </ul>