

**County of Los Angeles Department of Public Health, Substance Abuse  
Prevention and Control**

*With*

**UCLA Integrated Substance Abuse Programs and the  
Pacific Southwest Addiction Technology Transfer Center**

*Presents a Special Lecture on*

**Screening, Brief Intervention, and Referral to Treatment (SBIRT): What is SBIRT  
all about, and how has it been implemented in real-world settings?**

**Friday, June 8, 2012, 10:00 a.m. – 1:00 p.m.**

County of Los Angeles Dept. of Public Health, Substance Abuse Prevention and Control  
Lecture Hall-Building A-7, 1000 South Fremont Avenue, Alhambra, CA 91803

**Featured Presenter:**

Sherry Larkins, Ph.D., UCLA Integrated Substance Abuse Programs

Screening, brief intervention, and referral to treatment (SBIRT) are effective tools for use in a variety of settings. SBIRT's effectiveness has been proven, particularly in hospital emergency departments and trauma centers, when treating individuals with alcohol-related injuries. SBIRT is also effective in primary care settings, when incorporated into other routine medical assessments, such as measuring blood pressure.

Dr. Larkins will provide participants with a review of the background and rationale of SBIRT, a description of various screeners, and a brief review of key motivational interviewing concepts and principles tied to effective use of the FLO (Feedback; Listen and Understand; Options Explored) brief intervention. She will also cover the following core clinical components: (1) brief intervention to raise awareness of risk and motivate change, (2) brief treatment for patients seeking help, and (3) referral to treatment for patients with more serious substance use-related problems.

The lecture will conclude with a panel comprised of experienced staff from a primary care-based and a psychiatric hospital-based SBIRT program in San Diego County. Each will provide remarks from a practitioner perspective on the challenges, barriers, and successes encountered by clinicians and their patients. Time will be made available for questions for the presenter and panelists.



**\*\* UCLA Integrated Substance Abuse Programs is an approved provider of continuing education credit for select licensed and certified attendees. Three (3) continuing education credits/contact hours are available at no charge to MFTs and LCSWs (CA Board of Behavioral Sciences, PCE 2001), C.A.D.C.s (CFAAP/CAADAC, 2N-00-445-1113), C.A.S.s (BCAS/CAARR, 5033), C.A.T.C.s (CAADE, CP 20 903 C 0613), and R.A.S.s (Breining Institute, CEP060411449-ULA-HE).**

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You will receive written CONFIRMATION of your registration or notification that there is no more space available. If you do not receive either of these at least two weeks prior to the lecture date, please contact Charlotte directly at 310-267-5408.

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**COMPLETE THE FOLLOWING INFORMATION AND FAX TO 310-312-0538 OR E-MAIL TO [charlottebullen@ucla.edu](mailto:charlottebullen@ucla.edu). PLEASE PRINT CLEARLY IF COMPLETING THE FORM BY HAND!**

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