PEER-TO-PEER VIOLENCE PREVENTION ACADEMY: PHASE ONE FINDINGS.

Nkem Ndefo Lumos Transforms Twitter @NdefoNker



- Trauma Prevention Initiative strategy
- Develop trauma-informed academy and systems navigation network





- To understand theory, guidelines, needs, & practices of trauma-informed peer education in violence prevention and intervention
 - Literature and curricula review
 - Interviews and focus groups





- Approximately 50%
 - Community/gang violence
 - Community health
 - Gender-based violence
- Other sectors homeless services, youth/family services, mental health/recovery, re-entry, community advocacy/organizing, cultural-based, faith-



based



Reported

- Findings
- Lessons learned
- Recommendations
- Academy curriculum and workplan







#1 Role definition of peer support is necessary, especially in multidisciplinary teams, programs, and collaborations.



FINDING #1: ROLE DEFINITION

- Peer role well defined in the literature
- Confusion of lived experience with peer role
- Co-optation of peers into clinical role
- Devaluing of peer role and lived experience
 - Low wages
 - Lack of career ladder



#2 Intersection of multiple of violence and oppressions informs the understanding of individual and collective trauma needed for effective prevention and intervention.



FINDING #2: VIOLENCE & OPPRESSION

- Literature supports effective violence prevention based on knowledge of multiple forms of violence and oppression
- Few administrators and peer curricula/trainings include connection between forms of violence and oppression
- Many peers do not have systems-level perspective in advocacy role



#3 Trauma and resilience are connected concepts and processes.



FINDING #3: TRAUMA & RESILIENCE

- Peers have high primary trauma load, worsened by secondary trauma
- Occupational risk of re-sharing personal trauma narrative
- High need and desire for selfregulation/resilience-building practices
- Organizations lack resources and capacity to address peers occupational wellness



#4 Cross-sector collaboration supports PSWs in their work.



FINDING #4: CROSS SECTOR COLLABORATION

- Breaking down silos supports violence prevention
- Need for cross sector collaboration
- Lack of cross sector training and work
- Exception in community intervention and domestic violence

ADDITIONAL RECOMMENDATIONS

- Organization and non-peer education and training
 - Peer role clarification
 - Value of lived experience and peer support efficacy
- Encourage development of peer career ladder





#LivedExperienceMatters #ElevatePeerSupport



CONTACT

Nkem Ndefo <u>nkem@lumostransforms.com</u> @NdefoNkem



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