

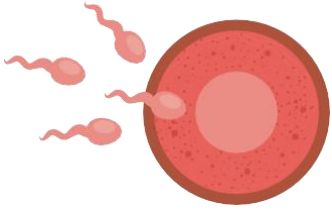


COVID-19: Vaccine Facts

Fertility and Periods

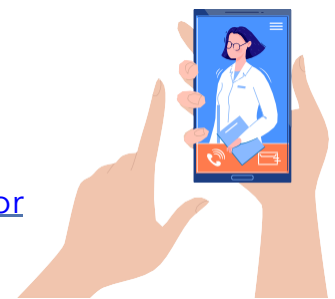
COVID-19 AND FERTILITY

- There is **no evidence** that any vaccines, including COVID-19 vaccines, cause fertility problems in females or males. Studies show vaccinated people get pregnant at the same rate as unvaccinated people. There is also no evidence that COVID-19 vaccines affect puberty or teenage development.
- Medical experts **recommend COVID-19 vaccination** for people who are pregnant or who want to have a child in the future.
- Experts also recommend that everyone **stay up-to-date with their COVID-19 vaccines. This includes getting an updated (bivalent) booster dose** at least 2 months after the last primary series or booster dose. This is especially important for people who are trying to get pregnant or are already pregnant. COVID-19 can be worse during pregnancy. Having COVID-19 during pregnancy, increases the risk of complications for the pregnant person as well as their developing baby.



VACCINE TEMPORARY EFFECTS ON PERIODS

- Some women have reported a change in their period after getting the COVID-19 vaccine. Two recent studies found that, on average, the time between periods increased by less than a day in the cycle that the vaccine was given. These **changes were temporary** and there was no change in the number of days of bleeding.
- Many things can cause a change to menstrual cycles, including long COVID. Irregular periods are very common among teens. If you have concerns about your period, talk to a doctor.



For more information, see the CDC webpage [COVID-19 Vaccines for People Who Would Like to Have a Baby](#).

VACCINES ARE FREE FOR EVERYONE - even if you don't have insurance

You will not be asked about your immigration status. There are many sites open weekends and evenings that don't need an appointment. To find a location in your neighborhood:

- Visit [VaccinateLACounty.com](#) or call **1-833-540-0473**, 8am to 8:30pm.
- You can also call 2-1-1 or ask your doctor or local pharmacist.
- Free transportation and in-home vaccination are also available.