

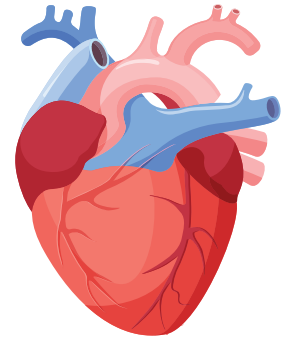


COVID-19 Vaccines:

The Risk of Myocarditis & Pericarditis

What are Myocarditis and Pericarditis?

- Myocarditis is an inflammation of the heart muscle.
- Pericarditis is an inflammation of the outer lining of the heart.
- Both conditions are caused by the body's immune system responding to an infection or other trigger.



How is Myocarditis and Pericarditis related to the COVID-19 vaccine?

- There have been reports of people developing these conditions after receiving either the Pfizer or Moderna COVID-19 vaccine.
- Most of these people are teen and young adult males. Most developed the condition several days after their second dose of the vaccine.
- These cases are rare.
- Most patients who received care improve with medicine and rest and feel better quickly.

Should I still get myself and my child vaccinated?

- Yes. Vaccination is the most powerful tool we have to protect ourselves and our families from COVID-19.
- The COVID-19 vaccine is effective at preventing COVID-19 cases, hospitalizations and deaths.
- The benefits of being vaccinated outweigh the risks of Myocarditis and Pericarditis and other health conditions.
- If you or your child has already gotten the first dose of the Pfizer or Moderna vaccine, it's important to get the second dose unless a vaccination provider or your doctor tells you not to get it.

What symptoms should I look out for?



- Chest pain
- Shortness of breath
- Feelings of having a fast beating, fluttering, or pounding heart

If you or your child experiences any of these symptoms at any time, see a doctor for further evaluation.

For more information, visit the CDC webpage [Myocarditis and Pericarditis Following mRNA COVID-19 Vaccination](#).