

Reopening Protocol for BMX areas and Bike Parks

Recent Updates: (Changes highlighted in yellow)

2/1/2021:

- Employees must wear a face covering at all times except when alone in closed office or when eating or drinking during break times. All break rooms must have posted occupancy limits and must be reconfigured to ensure that employees are able to physically distance during breaks.
- Updated to require that visitors be screened for whether they are under current isolation or quarantine orders.

The Los Angeles County Department of Public Health (Public Health) is calling on the public, all business owners and community organizations to support the reopening of businesses and public spaces. Through our collective Safer at Home efforts, we have successfully slowed the number of new COVID-19 cases and hospitalizations, allowing for a phased reopening of many aspects of regular life.

To aid in this transition, Public Health asks all BMX areas and Bike Park (bike park) operators to take appropriate steps to plan for reopening, in alignment with the Recovery Plan. The following issues are critical and must be addressed to ensure that workers and players reduce the risk of spread at bike parks:

- (1) Protecting and supporting employee and customer health
- (2) Ensuring appropriate physical distancing
- (3) Ensuring proper infection control
- (4) Communicating with the public
- (5) Ensuring equitable access to services

These critical areas have been incorporated into the checklist below and must be implemented as required bike park reopening protocols.

All Bike Parks must implement all applicable measures listed below and be prepared to explain why any measure that is not implemented is not applicable.

Bike Park name: _____

Facility Address: _____

A. RECOMMENDED RESTRICTIONS

- Physical distancing of six (6) feet is required all times.
- Face coverings will be required at all times.
- Facility operator shall ensure that the entrance to the BMX Areas and/or Bike Park is single file – one participant at a time allowing for a six (6)-foot distance between participants.
- No rentals will be offered.
- Private lessons will be allowed while practicing physical distancing. There shall be no group lessons involving more than two (2) people.
- No tournaments will be allowed.
- Doors, entrances, and/or gates shall remain open during normal operational hours.
- Payment of fees shall be done on-line and/or utilizing an outdoor facing window or door.
- Food and beverage will be grab and go and will follow the Los Angeles County Public Health Order and protocols.

If Employees or Staff are present on site:

- All employees have been told not to come to work if sick, or if they are exposed to a person who has COVID-19. Employees understand to follow DPH guidance for self-isolation and quarantine, if applicable. Workplace leave policies have been reviewed and modified to ensure that employees are not penalized when they stay home due to illness.
- Workers are provided information on employee or government-sponsored leave benefits the employee may be entitled to receive that would make it financially easier to stay at home. See additional information on government [programs](#) supporting sick leave and worker's compensation for COVID-19, including employee's sick leave rights under the [Families First Coronavirus Response Act](#) and employee's rights to workers' compensation benefits and presumption of the work-relatedness of COVID-19 exposures occurring between March 19 and July 5 pursuant to the Governor's Executive [Order](#) N-67-20.
- Upon being informed that one or more employees test positive for, or has symptoms consistent with COVID-19 (case), the employer has a plan or protocol in place to have the case(s) [isolate themselves at home](#) and require the immediate [self-quarantine](#) of all employees that had a workplace exposure to the case(s). The employer's plan should consider a protocol for all quarantined employees to have access to or be tested for COVID-19 in order to determine whether there have been additional workplace exposures, which may require additional COVID-19 control measures. See the public health guidance on [responding to COVID-19 in the workplace](#).
- [Employee screenings](#) are conducted before employees may enter the workspace. Checks must include a check-in concerning cough, shortness of breath, difficulty breathing and fever or chills and whether the individual is currently under isolation or quarantine orders. These checks can be done remotely or in person upon the employees' arrival. A temperature check should also be done at the worksite if feasible.
- In the event that 3 or more cases are identified within the workplace within a span of 14 days the employer should report this cluster to the Department of Public Health at (888) 397-3993 or (213) 240-7821. If a cluster is identified at a worksite, the Department of Public Health will initiate a cluster response which includes providing infection control guidance and recommendations, technical support, and site-specific control measures. A public health case manager will be assigned to the cluster investigation to help guide the facility response.

- ❑ Employees who have contact with others are offered, at no cost, an appropriate face covering that covers the nose and mouth. The covering is to be worn by the employee at all times during the workday when in contact or likely to come into contact with others. Employees who have been instructed by their medical provider that they should not wear a face covering **must** wear a face shield with a drape on the bottom edge, to be in compliance with State directives, as long as their condition permits it. A drape that is form fitting under the chin is preferred. Masks with one-way valves **must** not be used. All employees must wear face coverings at all times except when working alone in private offices with closed doors or when eating or drinking. The exception made previously for employees working in cubicles with solid partitions exceeding the height of the employee while standing is overridden.
- ❑ To ensure that masks are worn consistently and correctly, employees are discouraged from eating or drinking except during their breaks when they are able to safely remove their masks and physically distance from others. At all times when eating or drinking, employees must maintain at least a six-foot distance from others. When eating or drinking, it is preferred to do so outdoors and away from others, if possible. Eating or drinking at a cubicle or workstation is preferred to eating in a breakroom if eating in a cubicle or workstation provides greater distance from and barriers between workers.
- ❑ Occupancy is reduced and space between employees is maximized in any room or area used by employees for meals and/or breaks. This has been achieved by:
 - Posting a maximum occupancy that is consistent with enabling a distance of at least six feet between individuals in rooms or areas used for breaks; and
 - Staggering break or mealtimes to reduce occupancy in rooms or areas used for meals and breaks; and
 - Placing tables six feet apart and assuring six feet between seats, removing or taping seats to reduce occupancy, placing markings on floors to assure distancing, and arranging seating in a way that minimizes face-to-face contact. Use of partitions is encouraged to further prevent spread but should not be considered a substitute for reducing occupancy and maintaining physical distancing.
- ❑ Employees are instructed to wash or replace their face coverings daily.
- ❑ Employees have been reminded to adhere to personal prevention actions including:
 - Stay home when you are sick.
 - If you had symptoms, you must stay home until:
 - At least 10 days have passed since your symptoms first appeared AND
 - You had no fever for at least 24 hours (without the use of medicine that reduces fevers AND
 - Your symptoms have improved (for example, cough and shortness of breath)
 - If you tested positive for COVID-19 but never had any symptoms, you must stay at home until:
 - 10 days after the date of the first positive test, but
 - If you develop symptoms you need to follow the instructions above.
 - Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use alcohol-based hand sanitizer that contains at least 60% alcohol. Wash your hands before meals, after using the restroom and after coughing and sneezing.

- Cover your coughs and sneezes with a tissue, and then dispose of the tissue and clean your hands immediately. If you do not have a tissue, use your elbow (not your hands).
 - Do not touch your mouth, eyes, nose with unwashed hands.
 - Avoid contact with people who are sick.
 - Avoid sharing items such as phones or other devices. If devices must be shared be sure to wipe them down with a disinfectant wipe before and after sharing.
 - Constantly observe your work distances in relation to other staff. Always maintain the recommended minimum 6 feet separation from others unless specific work assignments require less distancing and wear a face cloth covering when working near or with others.
 - Disinfect frequently touched objects and surfaces such as workstations, keyboards, telephones, handrails, machines, shared devices, and doorknobs. This should be done hourly during business hours.
- Copies of this Protocol have been distributed to all employees.

B. MAINTENANCE PROTOCOLS

- Group gatherings are prohibited, and benches and tables are removed or cordoned off because they can't be used.
- Commonly used items are sanitized regularly.
- Commonly used equipment is sanitized before and after each use.
- Restrooms are sanitized regularly.
- Water fountains are available to fill water bottles only.

C. MONITORING PROTOCOLS

- Instructional and informational signage must be posted throughout the facility regarding infection control, physical distancing and the use of face coverings.
- Riders arriving at the establishment are reminded to wear a face covering at all times (except while eating or drinking, if applicable) while at the bike park or on the grounds of the bike park. This applies to all adults and to children 2 years of age and older. Only individuals who have been instructed not to wear a face covering by their medical provider are exempt from wearing one. To support the safety of our employees and other visitors, a face covering should be made available to visitors who arrive without them.
- Symptom checks are conducted before visitors may enter the facility. Checks must include a check-in concerning cough, shortness of breath, difficulty breathing, fever or chills, and whether the visitor is currently under isolation or quarantine orders. These checks can be done in person or through alternative methods such as on-line check in systems or through signage posted at the entrance to the facility stating that visitors with these symptoms **must** not enter the premises.
- Facility Operator will conduct periodic visits daily to monitor that participants are complying with the restrictions.
- Participants will be asked to leave if not complying with these restrictions.

Any additional measures not included above should be listed on separate pages,
which the business should attach to this document.

You may contact the following person with any
questions or comments about this protocol:

Bike Park

Contact Name: _____

Phone number: _____

**Date Last
Revised:** _____

Retired - Not in Effect