

# Warning Against Unapproved Dairy Products

Dairy products such as yogurt, yogurt parfaits and flavored milk, made from unpasteurized milk can be dangerous to health!



Approved dairy products print plant ID numbers on package.

Unapproved dairy products, such as these La Cremasita and 24/7 Simply Fresh yogurt parfaits, have incomplete labels and may have been made in an unlicensed facility.



## Tips for buying and selling safe dairy products:

- Avoid dairy products with missing or incomplete labels.
- Labels should provide safe handling and storage information, a list of all ingredients including “Pasteurized Milk,” and identify the manufacturer responsible for the product.
- Yogurt and dairy products should be factory sealed.
- The dairy product container should include the plant or factory identification number (see photo).
- Buy dairy products only from the refrigerated section of the market.
- Do not purchase yogurt or dairy products from unlicensed sellers, manufacturers, swap meets, or door-to-door vendors.

## Tips for storing and handling dairy products safely:

- Keep dairy products refrigerated at 41°F or below.
- Keep dairy products covered.
- Wash your hands with soap and water before handling food items.
- Use different utensils to handle dairy, meat, poultry, and seafood to avoid cross contamination.

## Why you should avoid unsafe yogurt and dairy products:

- Dairy products made with unpasteurized milk may contain dangerous bacteria such as Listeria, salmonella, E.coli, or Brucella. These bacteria can cause illness such as fever, stomach cramps, diarrhea, and illness to unborn babies or miscarriage.
- Dairy products purchased from unlicensed sources may have been made in unsanitary conditions, and may have been transported without refrigeration.
- If you become ill from eating yogurt, yogurt parfaits, flavored milk, or other dairy products made from unpasteurized milk, see your doctor immediately and call LA County Public Health at (888) 397-3993.

## For more information

If you have any questions please contact:

- Los Angeles County Environmental Health (626) 430-5400
- Orange County Environmental Health (714) 433-6000
- Riverside County Environmental Health (888) 722-4234
- San Diego County Environmental Health (800) 253-9933
- CA Department of Food & Agriculture (916) 654-0466

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