

Apretude Aftercare Sheet

What to know and do

Common Side Effects:

- Pain and swelling at the injection site
- Nausea
- Vomiting
- Diarrhea
- Headaches
- Fever/chills



After your PrEP Injection:

- Take an over-the-counter pain medication, such as acetaminophen, naproxen, or arnica within a couple of hours before or soon after the injection.
 - Continue for 1-2 days, as needed.
- Apply a warm compress heating pad to the injection site, as needed.
- Apply gluteal massage post injection
- Increase fluid intake, preferably water

